

BRAIN TRACINGS TAKEN IN OCTOBER 2005, BARCELONA, SPAIN: by Doctor Josep Vicents

WHEN: After 15 minutes of eyes closed followed by 15 minutes of INNER SOUND Tuning Fork Use (Basic Long Session- application of pairs of tuning forks at the ears.)

SUBJECT: Healthy 20 year old male.

HOW: He was seated in a chair with feet flat on the floor, hands in his lap, with standard array of electrodes attached to his head.

GOAL: To determine if INNER SOUND Tuning Fork use produced greater levels and intensity of Alpha brain wave production than relaxing with the eyes closed.

SUMMARY: Tracings were taken first after he had been sitting for 15 minutes with eyes closed. One shot is shown below on the left of one mid-Alpha brain wave frequency (10.938 Hz- Alpha range = 8 Hz to 12 Hz). Then, tracings were taken throughout an INNER SOUND Tuning Fork Session lasting 15 minutes with different pairs of tuning forks being applied at the ears only. The image on the right shows one shot from the 15 minutes session at the same frequency of 10.938 Hz.

RESULTS: Greater Alpha brain wave intensity and spread shown in the right & left brain with tuning forks over eyes closed. (The Alpha brain wave of 10.598 Hz is shown in yellow in the 2 images.)

**After 15 minutes sitting
with eyes closed
(ojos cerrados)**

During session with Tuning Forks

